Calcium Dobesilate Monohydrate I.P. 0.5% w/w + Lignocaine Hydrochloride I.P. 3% w/w + Hydrocortisone Acetate I.P. 0.25% w/w + Zinc Oxide I.P. 5% w/w

# **Dobetyle Cream**

Calcium Dobesilate Monohydrate (0.5% w/w) + Lignocaine Hydrochloride (3% w/w) + Hydrocortisone Acetate (0.25% w/w) + Zinc Oxide (5% w/w) Cream

This combination cream is formulated to provide symptomatic relief and promote healing in conditions like hemorrhoids, anal fissures, and other anorectal disorders. It combines a capillary stabilizer, a local anesthetic, an anti-inflammatory agent, and a soothing protectant to address pain, inflammation, and discomfort.

## **Composition (per gram of cream):**

- Calcium Dobesilate Monohydrate I.P. 0.5% w/w: Improves microcirculation, stabilizes capillaries, and reduces swelling.
- Lignocaine Hydrochloride I.P. 3% w/w: Acts as a local anesthetic to relieve pain and itching.
- Hydrocortisone Acetate I.P. 0.25% w/w: Reduces inflammation, redness, and swelling.
- Zinc Oxide I.P. 5% w/w: Acts as a skin protectant and promotes healing by forming a protective barrier.

## **Uses:**

- 1. Hemorrhoids (Piles):
  - Relieves pain, itching, and swelling associated with internal and external hemorrhoids.
- 2. Anal Fissures:

 Promotes healing of tears in the anal canal while reducing pain and inflammation.

#### 3. Pruritus Ani:

- Alleviates itching and irritation in the anal region.
- 4. Post-Operative Care:
  - Aids in managing symptoms and promoting recovery after anorectal surgeries.

#### **Mechanism of Action:**

- Calcium Dobesilate: Improves blood flow and reduces capillary permeability, thus minimizing swelling.
- Lignocaine Hydrochloride: Blocks nerve signals to provide fast-acting pain relief.
- Hydrocortisone Acetate: A corticosteroid that suppresses inflammation and immune responses at the site of application.
- Zinc Oxide: Forms a protective barrier to prevent irritation and supports natural healing processes.

## **Directions for Use:**

- 1. Wash and pat dry the affected area.
- 2. Apply a thin layer of the cream to the affected area 2-3 times daily or as directed by a healthcare provider.
- 3. Wash hands thoroughly after application.

### **Side Effects:**

• Common:

- Mild burning, itching, or irritation at the application site.
- Rare (serious):
  - Allergic reactions such as rash, swelling, or difficulty breathing (discontinue use and seek medical attention).

#### **Precautions:**

- 1. External Use Only: Avoid contact with eyes, mouth, or open wounds.
- 2. Pregnancy and Lactation: Use under medical supervision during pregnancy or breastfeeding.
- 3. Prolonged Use: Avoid extended use without medical guidance to prevent potential side effects of corticosteroids.
- 4. Allergy: Discontinue use if signs of an allergic reaction occur.

## **Storage:**

- Store in a cool, dry place below 25°C.
- Protect from direct sunlight and keep the tube tightly closed.
- Keep out of reach of children.

Note: This medication should be used as prescribed by a healthcare provider. If symptoms persist or worsen, consult a doctor promptly.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.) Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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